



## Ayrshire Athletics Championships

Sunday 27th August 2023 – Riverside Sports Arena, Ayr

Hosted by Ayr Seaforth AC on behalf of Ayrshire Harriers Clubs Association

### TIMETABLE

#### *Track*

11:00	Hurdles (U13G, U13B, U15G, U15B, U17W)	14:10	U13 Boys 200m
11:20	U11 Girls 80m	14:15	U15 Girls 200m
11:30	U11 Boys 80m	14:25	U15 Boys 200m
11:40	U13 Girls 100m	14:30	U17 Women & Senior Women 200m
11:45	U13 Boys 100m	14:35	U17 Men & Senior Men 200m
11:50	U15 Girls 100m	14:50	U11 Girls 150m
11:55	U15 Boys 100m	14:55	U11 Boys 150m
12:00	U17 Men & Women 100m	15:10	U13 Girls & Boys & U15 Girls 1500m
12:15	Senior Men & Women 100m	15:20	U15 Boys & U17 Men 1500m
12:20	Frame Running/Wheelchair 100m	15:30	Senior Men Mile
13:00	U17 Women & Senior Women 800m	15:40	U15 Girls 300m
13:10	U17 Men & Senior Men 800m	15:45	U15 Boys & U17 Women 300m
13:15	Frame Running/Wheelchair 400m	15:50	U17 Men & Sen Men/Women 400m
13:20	U15 Girls & U15 Boys 800m		
13:25	U13 Girls & U13 Boys 800m		
13:50	U11 Girls 600m		
13:55	U11 Boys 600m		
14:05	U13 Girls 200m		

## **Field**

- 11:00 U13 Girls & Boys High Jump  
U17 Women & Senior Women Javelin
- 11:45 U15 Girls & Boys High Jump  
U17 Men & Senior Men Javelin  
U11 Girls & Boys Long Jump
- 12:30 U17 Men/Women & Senior Men/Women High Jump  
U13 Boys & Girls Javelin  
U11 Girls & Boys Shot Put
- 13:15 U13 Girls & Boys Shot Put  
U15 Girls & Boys Long Jump (1 Pit)
- 14:00 U17 Men/Women & Senior Men/Women Shot Put  
U15 Boys & Girls Javelin  
U13 Girls & Boys Long Jump (1 Pit)
- 14:45 U15 Girls & Boys Shot Put
- 15:00 U17 Men/Women & Senior Men/Women Long Jump (1 pit)

## **Important Information**

- Please note that the timetable has changed slightly. Some races have been merged.
- Declarations will be open from 9:45am. No entries on the day.
- Please note that the indoor hall will **NOT** be in use during this competition.
- Athletes will be given 3 competition trials and 1 warmup on field events.
- Results can be tracked on Open Track <https://data.opentrack.run/en-gb/x/2023/GBR/ayrshire-champs-23/>
- Medals will be awards to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place in each category.
- All times are approximate. The timetable is subject to change. Please listen for announcements.