



AYR SEAFORTH

ATHLETIC CLUB



Annual Awards Presentation

?th November 2023



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Welcome from our Board

The Board welcomes you all to the annual Ayr Seaforth Athletic Club Awards Presentation at the Carlton Hotel. It is that time of year when we reflect upon and recognise the hard work of our athletes and volunteers over the past twelve months.

It has been an incredibly busy year for the club. We “officially” relocated to Riverside and saw the grand opening of the facility back in February this year. It has now been one full year since we were given access to train at Riverside. In the space of six months, we have hosted three large athletics competitions attended by 441 athletes from across Scotland, including the first ever Regional SUPERteams competition organised by Scottish Athletics. This was no mean feat and required the collective organising power of our amazing local volunteers.

We did fantastically well to remain in Division 1 of the Central and South of Scotland Athletic League and to qualify for the National Final of the Youth Development League as part of Team Ayrshire. It is easy to forget how challenging it is to organise teams for these league competitions. We thank our organisers, athletes, parents and carers for their contribution to these successes.



This year has been a significant year in terms of organising ourselves better and making changes that will ultimately improve how the club operates. We've enjoyed a variety of new programs and initiatives including Summer Camps and introducing Run, Jump, Throw sessions for 9-12-year-olds. We launched our first ever Couch to 5K programme back in January with the second block coming to an end in October. Our Development Officer has been delivering free athletics sessions as part of our project to engage the Ayr North community. Vital funds have been raised to purchase new training equipment and provide support to low-income families during the cost-of-living crisis.

We have a lot more work to do, especially when it comes to recruiting new volunteers and raising training standards across all athletics disciplines. We look forward to working with our dedicated coaches and volunteers to achieve these goals.

Congratulations to all this year's award winners!

The Board of Trustees
Ayr Seaforth AC



Violeta Skinner Jewellery



Would like to congratulate all athletes,
coaches and volunteers.



Presentation of Awards

Club Track & Field Championships Champions & Runners Up

U9 Boys

Winner Ralph Kelly

Runner-up Mason Howie

U11 Boys

Winner Evan Skinner

Runner-up Riley Killoch

U13 Boys

Winner Findlay Ledger

Runner-up Riley Fulton

U15 Boys

Winner Matthew Cox

Runner-up Luca Stewart

U17 Men

Winner Rory Robinson

Runner-up James Cruikshank

U20/Senior Men

Winner Sean Aitken

Runner-up Reas Begnor

U11 Girls

Winner Emily Good

Runner-up Eva McColm

U13 Girls

Winner Megan Mason

Runner-up Isla Milligan

U15 Girls

Winner Anna Campbell

Runner-up Katie Ablett

U17 Women

Winner Anna Kirk

Runner-up Marnie Harrower

U20/Senior Women

Winner Sophie Slider



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CURRENT LEGISLATION.**

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CONGRATULATIONS

AYR SEAFORTH AWARD WINNERS

Club Cross Country Championships 2022/23

Champions & Runners Up

U11 Boys

Winner Hamish Black

Runner-up Riley Killoch

U13 Boys

Winner Iain Maclean

Runner-up Caleb Ghosh

U15 Boys

Winner Alasdair Maclean

Runner-up Gregor Samson

U17 Men

Winner Conor Scobie

Runner-up Fraser McIntyre

U20 Men

Winner Ewan Pentleton

Senior Men

Winner Kenny Neill

Runner-up Joseph Burns

U11 Girls

Winner Isla Milligan

Runner-up Murrin Ronney

U13 Girls

Winner Willow Challis

Runner-up Anna Campbell

U15 Girls

Winner Marnie Harrower

U17 Women

Winner Iona Hubbard

U20 Women

Winner Morven Hubbard

Runner-up Lucy Stanley

Senior Women

Winner Kirstin Oakley

Runner-up Emma Creasey

Club Awards

For placing at a National Competition

Matthew Cox

Scottish National
Championships Under 15

1st Triple Jump — 11.21m

Scottish National
Championships Under 15

2nd 300m — 39.26s

Scottish National
Championships Under 15

3rd 80m Hurdles — 12.28s

Scottish National Indoor
Championships Under 15

3rd Triple Jump — 9.54m

Ruth Kirk

Scottish National Masters
Championships

1st (M50) 200m — 30.98s

Scottish National Masters
Championships

1st (M50) Long Jump — 3.99m

Scottish National Masters
Championships

1st (M50) High Jump — 1.26m

Scottish National Masters
Championships

2nd (M50) Shot Put — 8.17m

Craig Challis

Scottish National Masters
Championships

1st (M40) Javelin Throw — 33.74m

Scottish National Masters
Championships

1st (M40) Shot Put — 8.74m

Scottish National Masters
Championships

1st (M40) Discus Throw — 24.10m

Libby White

English National Championships
Under 17

2nd Triple Jump — 12.29m

Kayleigh Haggio

SDS Senior Athletics Championships

1st 100m Frame Running — 19.74s

1st 800m Frame Running — 3:08.69s

1st 1500m Frame Running — 6:03.98s

Gavin Drysdale

Para Athletics World Championships

Gold 100m Frame Running (T72) —
16.66s

Carolyn Harvey

Scottish National Indoor
Championships Senior
3rd Triple Jump — 11.72m

Lucy Stanley

Scottish National Hill Running
Championships
3rd Female Team

Kirsty Donovan

Scottish National Masters
Championships
2nd (M40) Discus Throw — 26.15m

Bobby Stevenson

Scottish National Masters
Championships
1st (M70) Long Jump — 4.65m

Kirstin Oakley

Scottish National Hill Running
Championships
3rd Female Team

Morven Hubbard

Scottish National Hill Running
Championships
3rd Female Team

Scottish National Track & Field
Championships Under 15
2nd Triple Jump — 9.37m

Club Special Awards

The Glen Harrower Memorial Trophy for Male Club Athlete of the Year —

Matthew Cox

Presented in recognition of Matthew's numerous achievements at national level in a range of disciplines. This includes winning Gold (Triple Jump), Silver (300m) and Bronze (80m Hurdles) at the Scottish National Age Group Championships. Matthew sets an example to younger athletes by demonstrating that consistent, hard work will bring success.



Male Club Athlete of the Year Runner Up —

Craig Challis

Presented in recognition of Craig's success at the Scottish Masters Championships where he was 1st place in his age group in the Javelin, Discus and Shot Put. These achievements follow a year of hard training and consistent participation at competitions around the country.



The Maureen Harrower Memorial Trophy for Female Club Athlete of the Year — **Kirstin Oakley**

Presented in recognition of Kirstin's numerous achievements as an endurance athlete. Starting with an outstanding 2022/23 cross country season where Kirstin lead Ayr Seaforth's Senior Women's team to 1st place at the Ayrshire XC Relays, West XC League, as well as 3rd place at the Scottish Hill Running Championships. She went on to earn herself a vest to represent the West District at the Inter District XC Champs and then another vest to represent the West at the Inter-Counties XC in Loughborough. Kirstin didn't stop there as she claimed several top 3 places at various road, hill and ultra races around Scotland.



Female Club Athlete of the Year Runner Up — **Ruth Kirk**

Presented in recognition of Ruth's successes at the Scottish Masters Championships where she took first place for her age group in the 200m, Long Jump, High Jump and Shot Put. Ruth's continued passion for athletics shines through as she inspires others around her to work hard and be the best they can be.



Club Special Awards

Hazel McNee Trophy for Best Achievement U17 Female — **Anna Kirk**

Presented in recognition of Anna's 4th place finish in the 300m at the West District Championships as she continues her rise as a promising long sprinter.

Simon Campbell Trophy for Best Achievement U17 Male — **Alasdair Maclean**

Presented in recognition of Alasdair's achievements in the Scottish Athletics Junior Hill League. Alasdair finished 3rd overall in the U17 Male category and was the only person to compete at all races within the series. He also earned top 3 finishes in his age group at several 10K races this past year.

Ernest Thursby Trophy for Excellence in Field Events — **Craig Challis**

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Andy Smith Cup for Special Contribution to Ayr Seaforth — **Simon Kirk**

Presented in recognition of Simon's contribution, not only as a coach, but also for the support he extends to athletes and parents during the track and field and cross country seasons. Simon works hard to help organise teams in the lower age groups and to ensure that athletes are well prepared for competitions.

George Spankie Trophy for Excellence in Track Events — **Megan Mason**

Presented in recognition of Megan's consistently strong performances over a range of track events including 60m and 70m Hurdles, 100m, 200m and 800m. Megan has claimed many first places throughout the indoor and outdoor competitions seasons, culminating in 2 gold medals at the Ayrshire Championships.

Trophy for Commitment to Race Running posthumously awarded to — **Jackson Chambers**

Jackson joined the club in 2012 travelling to Perth for his very first competition in September that year where he captivated everyone with his smile and enthusiasm on winning his first medals. He continued to attend sessions over the years when his health allowed. With the support of his PE department, Jackson was able to use Frame Running as one of his sports for his PE syllabus. He was on his frame earlier this year collecting data for his Higher PE exam. Sadly, this was to be Jackson's last session and it was with great sorrow that we learnt of his passing in July, aged 17.

Jackson had a very gentle personality and a huge smile and it was our gain that he was part of our community.

Trophy for Volunteer of the Year
Age U25 —

Emma Ablett

Presented in recognition of Emma's coaching within the Junior Development Group. Emma started volunteering as part of her Duke of Edinburgh award but decided to continue assisting the group every Wednesday and she has now gone on to complete the Level 1 Coaching Assistant course.

Trophy for Excellence in Road
Racing/Ultra Distance/Hill
Running —

William Ewens

Presented in recognition of William's outstanding road running performances throughout the year. This includes setting personal bests at 10K (32:40s), 5K (15:38s) and 1 Mile (4:29s), as well as smashing the previous course record at the Ayr Seaforth 5K Time Trial. He also broke his Half Marathon PB (71:34s) when he finished 52nd place at the Great North Run, representing the Army. He went on to represent Scotland at the English Masters Inter Area Track and Field Championships, finishing in first place for his age category in the 1500m.

Bill Beattie Trophy for Volunteer
of the Year Over 25 —

Ruth Kirk

Presented in recognition of Ruth's contribution as Coaching Co-ordinator. Ruth has made a positive impact on a range of challenging areas including volunteer and athlete recruitment and the re-organisation of training groups.

Kenneth Campbell Trophy for
Male Coach of the Year —

Conor Rennie

Presented in recognition of Conor's outstanding sprints coaching which has led to multiple successes for his athletes at local, district and national level.

Female Coach of the Year —

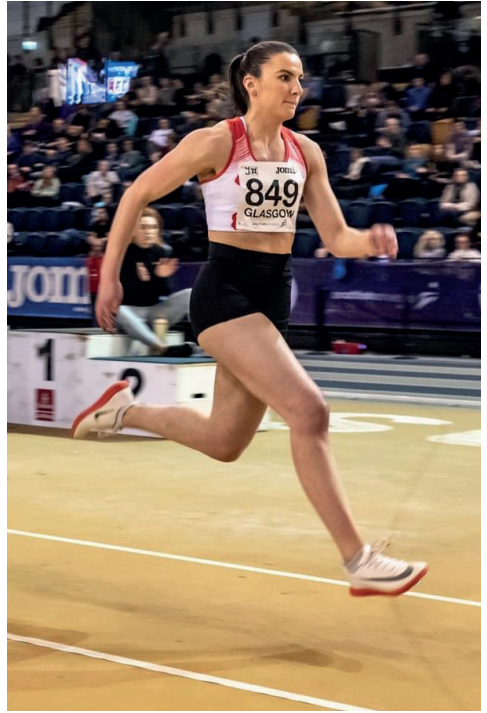
Jayne Maclean

Presented in recognition of Jayne's hard work with the Development Plus group and her willingness to learn fast and improve her coaching skills.

Ricky Taylor Trophy for Official
of the Year —

Jan Burnside

Presented in recognition of Jan's unending commitment to officiating at local and national competitions. Jan has supported most, if not all, Ayrshire track and field competitions over the past year. This is on top of providing administrative support to many district and national competitions throughout the Summer.



New Ayr Seaforth Club Records



Libby White

U20 Club Record

Triple Jump — 12.53m (indoors)

Long Jump — 5.17m (indoors)



Isla Milligan

U11 Club Record

200m — 30.30s (indoors)

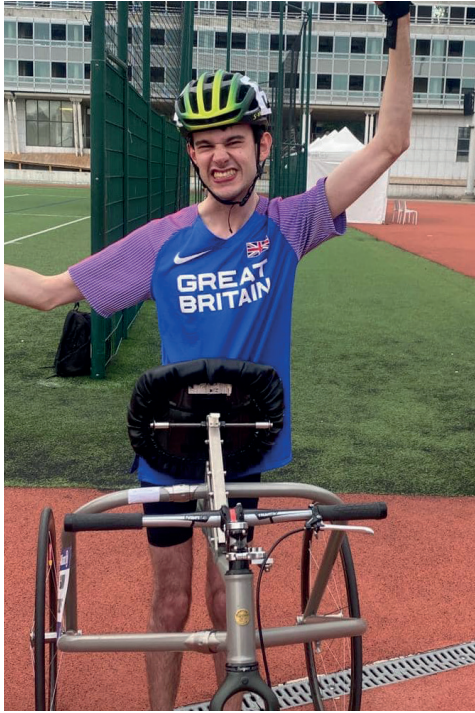


Matilda Jackson

U11 Club Record

Shot Put — 5.02m

*No photo available





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McColm Civil & Structural Engineers are delighted to support the Ayr Seaforth Awards night and offer congratulations to all the competitors and winners of 2023.



Congratulations
to all of the
award winners.

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