Athletes'/Team Manager's Information

Event: Ayrshire Harriers Club's Association Open Graded Meeting 1
When: Sunday 7th April 2024
Where: Riverside Sports Arena, University Avenue, Ayr, KA8 0SZ

Thank you for your entry into this event. All the information you need to prepare for the competition can be found below.

Arrival and Parking

There are 120 free car parking spaces available at Riverside. If there are no spaces left, you may use the car park at Ayr Academy next door. Please do not park on University Avenue outside the facility as the area can become very congested.

Opening Hours: Athletes and spectators should arrive from 10:00am. The first events start at 11:00am.

Declarations: Open from 10:00am until 1:00pm

On arrival, athletes should confirm their attendance and collect their number from the declarations desk. This will be located inside the indoor sprints and jumps hall.

Bib numbers must be securely pinned to the front of the top the athlete will compete in (e.g. club vest) and must not be folded or altered in any way.

Event Assembly

Athletes should report directly to their event, 15 minutes prior to the scheduled start time, with their number securely fastened to their club vest and visible to officials. Spikes, if worn, should be checked and tightened before reporting, and no additional kit or bottles should be brought into the event assembly area. Care should be taken if crossing the track to report to events.

General Information

- Athletes may use the indoor hall to warmup but please do not camp out in this area. The Grandstand should be used as a general resting area.
- At least 1 warmup attempt and a maximum of 3 competition trials for throws and Long Jump.
- High Jump pools split based on starting height (check timetable on Open Track). Bar will be increased in 5cm increments.
- Balls, including footballs, rugby balls or howlers/NERF Balls, are not permitted within the venue.
- Spike Length: spike length must not exceed 6mm.