

Ayrshire Harriers Clubs' Association Open Graded Meeting 2

Wednesday 12th June 2024

Ayrshire Athletics Arena, Kilmarnock

Hosted by North Ayrshire Athletics Club

Track			Field		
Time	Event		Time	Event	
6:30pm	800m	U13-Seniors Mixed	6:30pm	Javelin	U17-Seniors Mixed
7:00pm	150m	U11s	6:30pm	Long Jump	U11s
7:15pm	200m	FR/WC and Ambulant/LD	6:30pm	Long Jump 1	Over 4m Athletes
7:20pm	200m	U13-Seniors Mixed	7:30pm	Long Jump 2	Under 4m Athletes
8:00pm	600m	U11s	7:30pm	High Jump 1	Start Height 1.35m
8:15pm	300m	U15s and U17 Women	7:30pm	Javelin	U13 & U15
8:30pm	400m	FR/WC and Ambulant/LD	8:00pm	Shot Put	2 Pools (All Ages)
8:35pm	400m	U17 Men-Seniors Mixed	8:00pm	High Jump 2	Start Height 1.10m

Entries Open: Thursday 16th May 2024

Entries close: Saturday 8th June 2024

Declarations open: 5:30pm

Declarations close: 7:00pm Cost: £5 per event

- Open Track will be used for taking entries and processing results.
- Seeding will be based on PB. Please input personal best for each event when registering.
- Races will run fastest to slowest. Competitors who have not entered a PB time will be placed in the last heats.
- All athletes can enter a maximum for 3 events of which only 2 can be track events.
- 3 competition trials and 1 warmup attempt for Long Jump, Javelin and Shot Put.
- All timings are approximate and subject to change. Please listen for announcements.

This event is run Under UK Athletics Rules
And is a scottishathletics Licensed Event