



Ayrshire Athletics Championships

Sunday 21st July 2024– Ayrshire Athletic Arena, Kilmarnock

Hosted by Kilmarnock Harriers AC on behalf of Ayrshire Harriers Clubs Association

TIMETABLE

Track

11:00	Hurdles (U13G, U13B, U15G, U15B, U17W)	14:10	U13 Boys 200m
11:20	U11 Girls 80m	14:15	U15 Girls 200m
11:30	U11 Boys 80m	14:25	U15 Boys 200m
11:40	U13 Girls 100m	14:30	U17 Women & Senior Women 200m
11:45	U13 Boys 100m	14:35	U17 Men & Senior Men 200m
11:50	U15 Girls 100m	14:50	U11 Girls 150m
11:55	U15 Boys 100m	14:55	U11 Boys 150m
12:00	U17 Men & Women 100m	15:10	U13 Girls & Boys & U15 Girls 1500m
12:15	Senior Men & Women 100m	15:20	U15 Boys & U17 Men 1500m
12:20	Frame Running/Wheelchair 100m	15:40	U15 Girls 300m
13:00	U17 Women & Senior Women 800m	15:45	U15 Boys & U17 Women 300m
13:10	U17 Men & Senior Men 800m	15:50	U17 Men & Sen Men/Women 400m
13:15	Frame Running/Wheelchair 400m		
13:20	U15 Girls & U15 Boys 800m		
13:25	U13 Girls & U13 Boys 800m		
13:50	U11 Girls 600m		
13:55	U11 Boys 600m		
14:05	U13 Girls 200m		

Field

- 11:00 U13 Girls & Boys High Jump
U15 & Above Mixed Discus
- 11:45 U15 Girls & Boys High Jump
U17 Men/Women & Senior Men/Women Javelin
U11 Girls & Boys Long Jump
- 12:30 U17 Men/Women & Senior Men/Women High Jump
U13 Boys & Girls Javelin
U11 Girls & Boys Shot Put
- 13:15 U13 Girls & Boys Shot Put
U15 Girls & Boys Long Jump
- 14:00 U17 Men/Women & Senior Men/Women Shot Put
U15 Boys & Girls Javelin
U13 Girls & Boys Long Jump
- 14:45 U15 Girls & Boys Shot Put
- 15:00 U17 Men/Women & Senior Men/Women Long Jump

Important Information

- Please note that the timetable has changed slightly. Some races have been merged.
- Declarations will be open from 9:45am. No entries on the day.
- Athletes will be given 3 competition trials and 1 warm up on field events.
- Medals will be awarded to 1st, 2nd and 3rd place in each category.
- All times are approximate. The timetable is subject to change. Please listen for announcements.