



## Athletes'/Team Manager's Information

Event: Ayr Seaforth AC and North Ayrshire AC Club Championships 2024  
When: Sunday 15<sup>th</sup> September 2024  
Where: Riverside Sports Arena, University Avenue, Ayr, KA8 0SZ

Thank you for your entry into this event. All the information you need to prepare for the competition can be found below.

### Arrival and Parking

There are 120 free car parking spaces available at Riverside. If there are no spaces left, you may use the car park at Ayr Academy next door. Please do not park on University Avenue outside the facility as the area can become very congested.

**Opening Hours:** Athletes and spectators should arrive from 10:00am. First events start at 11:00am, however we will try to get the hurdles races under way from around 10:45am.

**Declarations:** Open from 09:45am until 12:00pm

On arrival, athletes should confirm their attendance and collect their number from the declarations desk. This will be located outdoors just next to the grandstand seating area.

Bib numbers must be securely pinned to the front of the top the athlete will compete in (e.g. club vest) and must not be folded or altered in any way.

### Event Assembly

Athletes should report directly to their event, 10 minutes prior to the scheduled start time, with their number securely fastened to their club vest and visible to officials. Spikes, if worn, should be checked and tightened before reporting, and no additional kit or bottles should be brought into the event assembly area. Care should be taken if crossing the track to report to events.

### General Information

- The indoor sprints and jumps hall will NOT be in use during this competition. Athletes can warmup on the outdoor track up until 10:30am and thereafter on the back straight once the track events are underway.
- For horizontal jumps and throws, all athletes will be given 1 warmup attempt and 3 competition trials.
- Open Track will be updated with live results. Full and final results including winners and runners up will be communicated to members after results have been scrutinised.

- Balls, including footballs, rugby balls or howlers/NERF Balls, are not permitted within the venue.
- Spike Length: spike length must not exceed 6mm.