



## Ayrshire Centenary T&F Championships

Sunday 20<sup>th</sup> July 2025 – Riverside Sports Arena, Ayr

Hosted by Ayr Seaforth AC on behalf of Ayrshire Harriers Clubs Association

### TIMETABLE - TRACK

11:00	Hurdles (U13 - Seniors)	13:50	U11 Girls 600m
11:20	U11 Girls 80m	13:55	U11 Boys 600m
11:30	U11 Boys 80m	14:05	U13 Girls 200m
11:40	U13 Girls 100m	14:10	U13 Boys 200m
11:45	U13 Boys 100m	14:15	U15 Girls 200m
11:50	U15 Girls 100m	14:25	U15 Boys 200m
11:55	U15 Boys 100m	14:30	U17 Women & Senior Women 200m
12:00	U17 Men & Women 100m	14:35	U17 Men & Senior Men 200m
12:15	Senior Men & Women 100m	14:50	U11 Girls 150m
12:20	Frame Running/Wheelchair 100m	14:55	U11 Boys 150m
13:00	U17 Women & Senior Women 800m	15:10	U13 Girls & Boys & U15 Girls 1500m
13:10	U17 Men & Senior Men 800m	15:20	U15 Boys & U17 Men 1500m
13:15	Frame Running/Wheelchair 400m	15:30	U17 Women & Senior Women 1500m
13:20	U15 Girls & U15 Boys 800m	15:40	Senior Men Mile
13:25	U13 Girls & U13 Boys 800m	15:50	U15 Girls 300m
		15:55	U15 Boys & U17 Women 300m
		16:00	U17 Men & Sen Men/Women 400m

## **TIMETABLE - FIELD**

11:00 High Jump - U17 and Senior Men and Women

Discus (All Ages)

Long Jump - U15 Girls & Boys

12:00 Shot Put - U15 Girls & Boys

Long Jump - U11 Girls & Boys

Long Jump - U13 Girls & Boys

13:00 High Jump - U15 Girls & Boys

Long Jump - U17 and Senior Men and Women

Javelin - U13 Girls & Boys

14:00 Javelin - U17 and Senior Men and Women

Shot Put - U13 Girls & Boys

Shot Put - U11 Girls & Boys

Javelin - U15 Girls & Boys

15:00 High Jump - U13 Girls & Boys

Shot Put - U17 and Senior Men and Women

## **Important Information**

- All times are approximate. Events and timetable are subject to change, depending on entry numbers and available officials.
- Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place in each category.
- Athletes can enter a maximum of 3 events, only 2 of which can be track races.
- Under 15 and below age groups cannot compete in both the 800m and 1500m.
- Athletes will be given 3 competition trials and 1 warmup on horizontal jumps and throws.

