



Annual Awards Presentation

21st November 2025



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BOOK WITH CONFIDENCE



Welcome from our board

The Board welcomes you all to the annual Ayr Seaforth Athletic Club Awards Presentation at the Abbotsford Hotel in Ayr. It is that special time of year when we reflect upon and recognise the hard work of our athletes and volunteers over the past twelve months.

Last year, we acknowledged all the hard work that has gone into re-organising our training groups and recruiting and upskilling our team of amazing coaches. We are starting to see the positive effects of these efforts with a wide range of fantastic results from our athletes in 2024/25. The pinnacle of our success was finally winning the Central and South of Scotland Athletics League! Not only did we finish first overall, but we dominated all three matches against some of the best athletics clubs in Scotland. Despite having a slightly shaky start to our campaign in the Youth Development League, we managed to qualify for the national final and ended up finishing third. None of this would have been possible if it wasn't for the combined effort from athletes, coaches, officials, team managers, club leaders, and of course parents/parent helpers! THANK YOU!

Participation in individual and team competitions continues to increase significantly year on year, proving that hard work from both athletes and volunteers is paying off. As standards continue to be raised, so does the confidence of our young athletes who put themselves out there and give it their best shot in high pressure environments. We think you are all amazing! We came away with quite a few medals at the indoor and outdoor track relay champs across a range of age groups

which demonstrates the depth of talent that we have. We also achieved numerous podium place finishes at district and national championships, once again increasing our medal haul from the previous year. It was fantastic to see so many athletes make the trip up to Aberdeen to compete at nationals. We appreciate the amount of planning and effort required just to participate so thank you to all the parents and carers who made it work.

Looking forward to the 2025/2026 season as the new age groups are implemented in Scotland, we expect more of the same success. Ayr Seaforth is back on the map in Scotland but we're only just getting started. We ask everyone to keep doing what you are doing - stay organised, work hard and don't forget to support each other and have fun!

Congratulations to all this year's award winners and thank you to everyone who has supported the club over the last year.

The Board of Trustees
Ayr Seaforth AC





Presentation of Awards

Club Track & Field Championships 2025 Champions & Runners Up

U11 Boys

Winner Julius Gouwerok-Yeo
Runner-up Fergus Ledger

U13 Boys

Winner Frankie Cherrie
Runner-up Sebastien Craig

U15 Boys

Winner Riley Fulton
Runner-up Caleb Ghosh

U17 Men

Winner Matthew Cox
Runner-up Jamie Muir

Senior Men

Winner Andrew McElwee
Runner-up Craig Lawson

U11 Girls

Winner Isla Proctor
Runner-up Rebecca Dunne

U13 Girls

Winner Abigail Good
Runner-up Emily Good

U15 Girls

Winner Olivia Fisher
Runner-up Isla Milligan

U17 Women

Winner Anna Campbell
Runner-up Mia McKinstry

Senior Women

Winner Anna Kirk
Runner-up Emma Ablett



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Club Cross Country Championships 2024/25

U11 Boys

Winner Caelan Fulton
Runner-up Lewis Watson

U13 Boys

Winner Alex Starkey
Runner-up Riley Killoch

U15 Boys

Winner Riley Fulton
Runner-up Lewis Relly

U17 Men

Winner Lucan Marshall-Watt
Runner-up Finn Love

Senior Men

Winner Kenny Neill
Runner-up Ben Forrest

U11 Girls

Winner Emily Ng
Runner-up Dalidh Logg

U13 Girls

Winner Isla Milligan
Joint Runner-up Emily Good
Joint Runner-up Abigail Good

U15 Girls

Winner Willow Challis
Runner-up Laurie McAlpine

Senior Women

Winner Vikki Stewart
Runner-up Lucy Cameron

Senior Road Running Championships 2025

Senior Men

Winner Ciaran McBride
Runner-up Craig Brown

Senior Women

Winner Laura Wallace
Runner-up Gael Neill

U17/20 Road Running Championships 2025

Male

Joint Winner Sam McCrorie
Joint Winner Leo Brockie

Female

Winner Emma Steele

Club Awards

For placing at a National Competition

Craig Challis

Scottish National Masters Championships

1st (M45) Discus Throw 27.56m

Scottish National Masters Championships

1st (M45) Javelin Throw 31.83m

Scottish National Masters Championships

2nd (M45) Shot Put 9.00m

Scottish National Masters Championships

3rd (M45) Hammer Throw 23.26m

Scottish National Indoor Masters Championships

2nd (M45) Shot Put 9.35m

Northern Ireland National Masters Championships

1st (M45) Discus Throw 28.57m

Northern Ireland National Masters Championships

1st (M45) Hammer Throw 27.25m

Northern Ireland National Masters Championships

1st (M45) Shot Put - 8.87m

Northern Ireland National Masters Championships

1st (M45) Weighted Throw 12.56m

Northern Ireland National Masters Championships

2nd (M45) Javelin Throw 33.21m

Ruth Kirk

Scottish National Masters Championships

1st (M55) High Jump 1.15m

Scottish National Masters Championships

1st (M55) Triple Jump 7.32m

Scottish National Masters Championships

1st (M55) 100m 15.39s

Scottish National Masters Championships

1st (M55) Long Jump 3.63m

Scottish National Masters Championships

2nd (M55) Javelin Throw 13.82m

Scottish National Indoor Masters Championships

1st (M50) Long Jump 3.90m

Scottish National Indoor Masters Championships

1st (M50) High Jump 1.17m

Bobby Stevenson

British Masters Championships

1st (M70) Long Jump 4.73m
(British Record)

British Masters Championships

1st (M70) Triple Jump 9.46m
(British Record)

Scottish National Masters Championships

1st (M70) Long Jump 4.56m

Scottish National Masters Championships

1st (M70) Triple Jump 9.52m

Scottish National Indoor Masters Championships

1st (M70) Long Jump 4.38m

Scottish National Indoor Masters Championships

1st (M70) Triple Jump 9.40m

Abigail Good

Scottish National Track Relay Championships U13

1st Medley Relay 4:41.71

Scottish National Indoor Track Relay Championships U13

2nd 4x200m 2:01.23

Scottish National Championships U13

3rd 1500m 5:06.64

Scottish National Indoor Championships U13

3rd 800m 2:32.98

Olivia Fisher

Scottish National Championships U15

2nd 100m 12.49s

Scottish National Championships U15

2nd 200m 25.56s

Scottish National Championships U17

3rd 300m 40.69s

Scottish National Indoor Championships U15

3rd 60m 8.22s

Matthew Cox

Scottish National Indoor Championships U17

1st 60m Hurdles 8.84s

Scottish National Championships U17

3rd Triple Jump 12.04m

Scottish National Indoor Track Relay Championships U17

2nd 4x200m 1:36.00

Scottish National Track Relay Championships U17

3rd 4x100m 45.71s

Scottish National Track Relay Championships U17

3rd 4x400m 3:46.21

Club Awards

For placing at a National Competition

Jamie Muir

Scottish National Indoor Track
Relay Championships U17
2nd 4x200m 1:36.00

Scottish National Indoor
Championships U17
3rd 60m Hurdles 9.31s

Scottish National Track
Relay Championships U17
3rd 4x100m 45.71s

Scottish National Track
Relay Championships U17
3rd 4x400m 3:46.21

Ricco Begnor

Scottish National Indoor Track
Relay Championships U17
2nd 4x200m 1:36.00

Scottish National Track
Relay Championships U17
3rd 4x400m 3:46.21

Luca Stewart

Scottish National Track
Relay Championships U17
3rd 4x100m 45.71s

Scottish National Track
Relay Championships U17
3rd 4x400m 3:46.21

Kieran Murphy

Scottish National Track
Relay Championships U17
3rd 4x100m 45.71s

Callan Blackwood

Scottish National Indoor Track
Relay Championships U17
2nd 4x200m 1:36.00

Findlay Ledger

Scottish National
Championships U15
2nd Triple Jump 10.82m

Scottish National Indoor
Championships U15
2nd Triple Jump 10.27s

Piper Jackson

Scottish National
Championships U15
1st Shot Put 9.16m

Craig Lawson

Scottish National Masters
Championships
1st (M50) High Jump 1.50m

Gillian Hannah

Scottish National Masters
Championships
2nd (M55) 800m 3:03.09

Scottish National Masters
Championships
2nd (M55) Long Jump 3.25m

Kenny Neill

Scottish National Indoor
Masters Championships
2nd (M45) 3000m 9:49.98

Tony Tanagho

Scottish National
Championships U17
2nd 100m RR (T72) 20.09s

Anna Campbell

Scottish National Indoor Track
Relay Championships U17
2nd 4x200m 1:49.32

Lemoni Allan-McLaughlin

Scottish National Indoor Track
Relay Championships U17
2nd 4x200m 1:49.32

Katie Ablett

Scottish National Indoor Track
Relay Championships U17
2nd 4x200m 1:49.32

Mia McKinstry

Scottish National Indoor Track
Relay Championships U17
2nd 4x200m 1:49.32

Emily Good

Scottish National Track
Relay Championships U13
1st Medley Relay 4:41.71

Scottish National Indoor Track
Relay Championships U13
2nd 4x200m 2:01.23

Murrin Ronney

Scottish National Track
Relay Championships U13
1st Medley Relay 4:41.71

Scottish National Indoor Track
Relay Championships U13
2nd 4x200m 2:01.23

Eva McColm

Scottish National Indoor Track
Relay Championships U13
2nd 4x200m 2:01.23

Emma Murray

Scottish National Track
Relay Championships U13
1st Medley Relay 4:41.71

Club Special Awards

The Glen Harrower Memorial Award for Male Club Athlete of the Year

Winner

Matthew Cox

In recognition of another strong season for Matthew who claimed multiple individual and relay team medals at national level. Across the 2024-25 indoor and outdoor seasons Matthew has collected 1 gold, 1 silver and 3 bronze medals. He also set a new U17 Men's club record for the 60m Hurdles and was selected to represent Scotland at the SIAB International.



Runner Up

Riley Fulton

Riley stands out as one of the club's most improved athletes this past year having massively lowered his 800m personal best, leaving him ranked 15th in Scotland in a highly competitive event. This comes as no surprise to anyone who knows Riley who has worked incredibly hard at training and on the competition circuit. Riley won gold at the west districts and was 4th place at indoor and outdoor nationals.



Maureen Harrower Memorial Trophy for Female Club Athlete of the Year

Winner

Piper Jackson

In recognition of Piper's gold medal winning performance in the Shot Put at the national age group championships. Piper also placed top 5 in the Discus and Javelin Throw at nationals. She has significantly improved her personal bests in all throwing events over the past 12 months. Piper continues to be one of the club's hardest working athletes and an inspiration to our young members.



Runner Up

Abigail Good

In recognition of Abigail's multiple individual and relay team medal winning performances this past year. Abigail won bronze medals in the 800m (indoors) and 1500m (outdoors) at the national age group championships and was also part of relay teams who won gold and silver medals at nationals. She was also part of a team that won silver at the Scottish Schools Cross Country Championships.



Club Special Awards

Hazel McNee Trophy for Best Achievement U17 Female

Winner: **Anna Campbell**

In recognition of a very strong season for Anna which includes a new club record for the 300m Hurdles, 5th place at nationals and 4th place at the Scottish Schools T&F Championships in the 200m. Anna's hard work and consistency has led her to making significant improvements across a range of disciplines.

Simon Campbell Trophy for Best Achievement U17 Male

Winner: **Jamie Muir**

In recognition of Jamie's bronze medal in the 60m Hurdles at indoor nationals and multiple medal winning performances as part of the U17 Men sprint relay teams.

Ernest Thursby Trophy for Excellence in Field Events

Winner: **Matilda Jackson**

In recognition of Matilda's dedication as a developing throws athlete. Tilda finished in 4th place in the Javelin and Discus Throw at nationals this year and was 5th indoors and 8th outdoors in the Shot Put. This is clearly a result of consistent hard work under the guidance of coach Craig.

George Spankie Trophy for Excellence in Track Events

Winner: **U13 Girl's Medley**
(*Abigail Good, Emily Good, Murrin Ronney and Emma Murray*)

In recognition of the girl's gold medal winning performance in the medley relay at the national relay championships which was a championships best performance.

Trophy for Commitment to Race Running

Winner: **Pauline Paterson**

In recognition of Pauline's incredible hard work since returning to the club this year, including taking part in her first competition in a number of years when she competed at the club championships. Pauline's attitude and perseverance are truly inspirational. Well done on a great year!

Trophy for Excellence in Road Racing / Ultra Distance / Hill Running

Winner: **Mark Caldwell**

Awarded by fellow senior members for another year of outstanding performances, including The Dragons Back Race, a 6-day stage race over 240 miles with 1800 foot vertical gain. Mark also completed his 10th West Highland Way Race earning him the Decanter.

Male Hurdler of the Year

Winner: **Matthew Cox**

In recognition of another strong season for Matthew who claimed multiple individual and relay team medals at national level. Across the 2024-25 indoor and outdoor seasons Matthew has collected 1 gold, 1 silver and 3 bronze medals. He also set a new U17 Men's club record for the 60m Hurdles and was selected to represent Scotland at the SIAB International.

Female Hurdler of the Year

Winner: **Isla Milligan**

In recognition of Isla's strong year as a 1st year U15 hurdler. Isla ends the year ranked in the top 10 sprint hurdlers in her age group. She finished 4th at the Scottish Schools T&F Champs and 7th place at nationals.

Trophy for Volunteer of the Year Under 25

Winner: **Emma Ablett**

In recognition of Emma's dedication to coaching our youngest athletes over the past few years, firstly as a Duke of Edinburgh volunteer and then taking on a group of her own. Emma's caring nature shines through when she coaches. Children love training with her and always have fun! We wish Emma the best of luck with her move to Dundee to study and say thank you for your contribution to Ayr Seaforth.

Bill Beattie Trophy for Volunteer of the Year Over 25

Winner: **Aileen Good**

In recognition of Aileen's exceptional volunteering as a Coach, Club Welfare Officer and committee member. Aileen has also been effective at helping to manage athletes and teams at competitions and has recently been helping organise teams for league competitions. We are very grateful that Aileen has stepped up in multiple ways to support the club this past year.

Club Special Awards

Kenneth Campbell Trophy for Male Coach of the Year

Winner: **Simon Kirk**

In recognition of Simon's outstanding coaching which resulted in national level success for a number of his athletes in 2024-25. Simon's athletes were part of the gold winning relay team who set a new championship best performance in the medley relay at the outdoor national championships. He also helped coach the U13 Girls 4x200m relay team to silver at the indoor championship. His athletes made it onto the podium in the 800m and 1500m both indoors and outdoors. Simon has nurtured a fantastic group of endurance athletes who have all made significant progress this past year.

Andy Smith Cup for Special Contribution to Ayr Seaforth

Winner: **Ruth Kirk**

In recognition of the lead role Ruth played in organising and team managing the club to division winners of the Central and South of Scotland League. Ruth painstakingly reorganised our training groups and volunteers and ensured that a strong team was put together at all 3 league matches. All of this hard work was juggled alongside managing athlete recruitment, membership, contributing as a committee member and competing as a masters athlete herself! It hasn't been without its challenges but everyone at the club appreciates all the hard work that Ruth has personally put into helping Ayr Seaforth "level up" over the past few years.

Female Coach of the Year

Winner: **Sophie Jackson**

In recognition of Sophie's tireless efforts as a coach which positively impacts on a number of training groups including our young Development athletes and our Throws specialists. Sophie has completed her Level 1 qualification and will soon complete the Level 2 course, specialising in Throws. Sophie's kindness and passion shine through in her sessions and it is clear that her athletes love working with her!

Ricky Taylor Trophy for Official of the Year

Winner: **Gillian Hannah**

In recognition of Gillian's efforts as a Level 1 Field Official at local and league competitions. In addition to competing as a masters athlete, Gillian supported the club as an official at the Central and South of Scotland League meetings and the majority of the Ayrshire events. This helped the club earn precious athlete and volunteer points contributing to our overall success.

Spirit of Ayr Seaforth Award

Winner: **Announced on the night**

This is a new award that has kindly been donated by the Milligan family to recognise a club member who embodies the values, character and community spirit of Ayr Seaforth Athletic Club.



New Club Records

Matthew Cox

U17 Men's Club Record

60m Hurdles – 8.84s

Kieran Murphy

U17 Men's Club Record

Octathlon – 3162 points

Anna Campbell

U17 Women's Club Record

300m Hurdles – 46.87s

Olivia Fisher

U17 Women's Club Record

300m – 40.69s

U13 Girl's Medley

Relay Team

(Murrin Ronney, Abigail Good,
Emily Good and Emma Murray)

U13 Girls Club Record

Medley Relay - 4:41.71








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